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**6th International Seminar of Health Behavioral Science (ICBH2010)  
Sustainable Health Promotion:  
Dialogue on Well-being & Human Security in Environmental Health  
19 - 21 September 2010  
Faculty of Law & Centre for Civilisational Dialogue, University of Malaya**



*From left to right: Professor Darryl, Tan Sri Dato' Seri Dr. Hj. Mohd. Ismail, Professor Azizan, Professor Fumiaki and Professor Mohd. Amin Jalaluddin*

An international conference on the theme of dialogue on well-being & human security in environmental health was held on the 19th to 21st September 2010.

The three-day conference was jointly organized by the Japan Academy for Health Behavioral Science, University of Malaya

Centre for Civilisational Dialogue, the General Institute for the Environment of Konan University in Japan and Kyoto University Global Centre for Education and Research on Human Security Engineering for Asian Megacities (Global COE Programme), University of Malaya.

One of the objectives of this conference is to promote sustainable health and continue the dialogue on well-being and human security via environmental health from a 'glocal' (global and local) perspective. The conference was also held to encourage a deeper level of international exchange in order to advance health behavioral science for the goal of a sustainable health promotion.

*To be continued on pages 2 & 3*

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## 6th International Seminar of Health Behavioral Science (ICBHS2010) Sustainable Health Promotion: Dialogue on Well-being & Human Security in Environmental Health (continued)



*Participants of the conference*

This international conference was gracefully officiated by **Tan Sri Dato' Seri Dr Hj. Mohd. Ismail bin Merican**, the Director General of Health of Malaysia.

Overall, there were five invited lectures throughout the seminar, two plenary lectures, one panel discussion, three sessions of oral presentations, three parallel dialogue sessions, and two keynote lectures. Papers presented at this international conference included:

1. **'Realising Sustainable Health Promotion in the Context of Global Public Health and Future Challenge'** by Professor Darryl Macer, Regional Unit for Social and Human Sciences in Asia and the Pacific (RUSHAP) UNESCO, Thailand. The paper discussed the situation relating to implementation of ethical standards for health promotion, and the accompanying debates, in particular in the Asia and Pacific region.

2. **'Burden of Disease and Policy Health in Malaysia'** by Dr. Feisul Idzwan Mustapha, Senior Principal Assistant Director, Disease Control Division, Ministry of Health, Putrajaya. The paper discussed the huge burden of NCD in the country based on The Malaysian Burden of Disease Study in 2004 that shows how NCD poses a huge burden to the public health system.

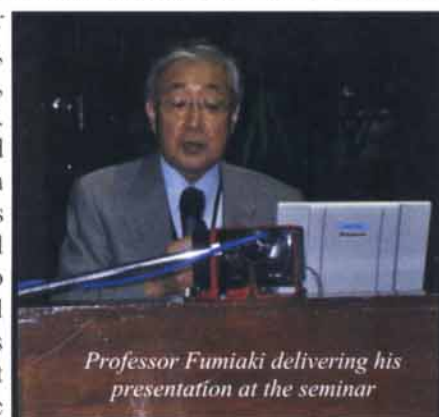
3. **'HIV Prevention, Treatment and Care to the Marginalised Communities in Malaysia, Advances and Challenges'** by Mr. Bakhtiar Talhah, CEO, Malaysian AIDS Council. The paper explained the multi-sector and comprehensive effort required to address the HIV epidemic in Malaysia that has to transcend the biomedical model of prevention, treatment and care.

4. **'Improving the Sanitation and Foods of Developing Countries'** by Professor Yoshihisa Shimizu, Kyoto University, Japan. He lectured on the sanitation for the future that saves water, does not pollute and returns the nutrients in human excreta to the soil. This approach is called — ecological sanitation or 'eco-san' for short.

5. **'Dialogue between Religion and Science regarding Bioethics for Well-being and Human Security at the Global Level'** by Professor Datin Dr. Azizan Baharuddin, Director, University of Malaya Centre for Civilisational Dialogue, Malaysia. She defined and explained the importance of bioethics and the relationship between science and religion.

6. **'Towards Sustainable Health Promotion in the Context of Environmental Health Care at the Global Level'** by Professor

Fumiaki Taniguchi, President, ICHBS2010, Japan. His paper examined the integration between bioethics and environmental ethics in order to solve the global public problems from the viewpoint of Global Public Philosophy.



*Professor Fumiaki delivering his presentation at the seminar*

7. **'Malaysian Society and Health: Issues and Challenges in the 21<sup>st</sup> Century'** by Professor Dato' Dr. Mohd. Amin Jalaluddin, President, Asian Pacific Academic Consortium Public Health, Malaysia. The paper reviewed the changing trends and discuss related challenges in disease pattern, environmental health, demographic impacts on health, migration influxes and health, effects of globalization on health, mental health and wellness as well as fundamental access and equality in health care.

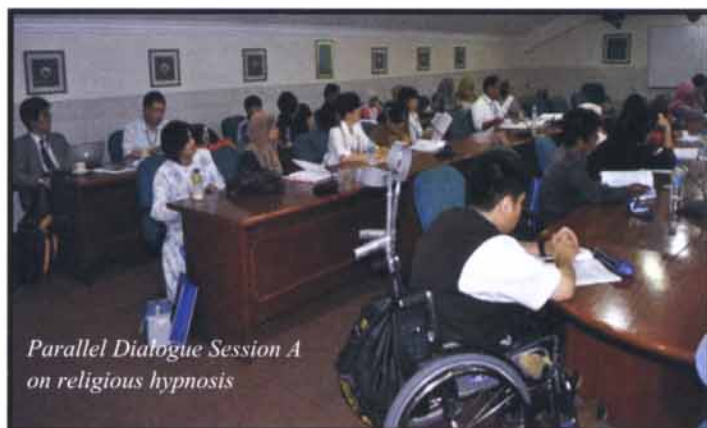
8. **'Narrative Practice: Creating New Storyline in Aboriginal Communities'** by Ms. Barbara Wingard, Dulwich Centre Foundation, Australia. She elaborated on the story of how she and other Aboriginal Australian practitioners are engaging with and developing new forms of narrative therapy and community work.

9. **'Migrant Health: Access to HIV Prevention, Treatment and Care for Migrant Populations in Japan'** by Professor Tadaharu Nakao, Yamanashi Gakuin University, Japan. He discussed the health care of Asian Pacific migrants living in Japan.

A panel discussion on **Globalisational Health Promotion: Dialogue on Well-being & Human Security in Environmental Health** was held in the conference. The moderators for this discussion were Professor Nik Meriam Nik Ismail and Professor Fumiaki Taniguchi. The panelists include Professor Datin Dr. Azizan Baharuddin, Dr. Benjaporn Panyayong, Professor Naoyasu Motomura, Ms. Barbara Wingard and Professor Habib Chirzin.

Three sessions of oral presentations were organized. The topics discussed in Session I were health promotion, health care and narrative while for Session II, the topic on well-being was discussed. Lastly, human security, sustainability and environmental health were debated in the third oral presentation session.

The theme for Session B was **Unani Medicine**, which is commonly known as Islamic Medicine. In this session, *'Unani Medicine as a Form of Islamic Medicine: Issues of Islamicity'* by Emeritus Professor Datuk Osman Bakar and *'Medical Healing vs. Mental Healing'* by Mrs. Dalina Ismail, the Principal Consultant of Quin Consult were presented.



*Parallel Dialogue Session A on religious hypnosis*



*Panel Discussion on Globalisational Health Promotion*

Similarly, three parallel dialogue sessions were held throughout the conference.

Session A was on **religious hypnosis** and the paper titled, *'The Efficacy of the Practice of Surah Yaasin Recitation in Reducing Stress Level'* was presented by Mr. Anas bin Mohd. Yunus of *Universiti Sultan Zainal Abidin (UniSZA)*, Malaysia. This study assessed the efficacy of the practice of surah Yaasin recitation from the al-Quran in reducing stress levels among selected students in an institution of higher learning in Kuala Terengganu. The difference in the stress level among the groups of participants in the study provides some evidence regarding the efficacy of the practice of surah Yaasin recital in reducing stress levels.

Professor Osman's presentation explained that Unani medicine is fully justified to be regarded as an authentic form of Islamic medicine and is a living legacy of traditional Islamic medicine which once helped to make Islam a proud civilization. Meanwhile, Mrs. Dalina's paper explained the importance of medical healing and the structure, functions, and specialties of the mind that are closely related to mental healing.

As for Session C, Professor Akira Nakagawa of Osaka Sangyo University, Japan, discussed the **narrative approach** that is based on the idea that we are always continually making meaning, for ourselves and for others, by putting our experiences into the form of stories.

**In conclusion**, the 6<sup>th</sup> International Conference of Health Behavioral Science was a huge success and it provided a golden opportunity to gather so many experts in health sustainability and human well-being under one-roof to discuss and consolidate their findings and experiences with each other. It was attended by 104 participants from Malaysia, Thailand, Indonesia, Australia and Mexico.

**The Centre for Civilisational Dialogue would like to record its appreciation to the Dean of the Faculty of Law for kindly permitting the conference to be held at the faculty's premises.**